

Anti-Bullying Policy

Prepared by students, parents and teachers at Grant High School

What is Bullying?

Bullying is any cruel or hurtful behaviour, by one person or group towards another.

It might be verbal, non-verbal, or physical.

It is intentional, aggressive, and ongoing.

It can include:

- Teasing and name-calling
- Pushing, hitting, tripping and any other physical contact
- Spreading rumours
- Making fun of people's disabilities, weaknesses or achievements
- Making fun of people's skin colour, facial features or physique, race or religion, accent or sexual orientation
- Writing or drawing offensive messages
- Touching in an unwelcome way
- Deliberate exclusion from activities by young people to peers
- Nasty looks
- Hiding or taking another's belongings
- Demanding food or money
- Nuisance e-mails
- Any behaviour that makes someone feel uncomfortable

Bullying is unacceptable, and will not be tolerated.

What is Our Policy?

At Grant High School, we work together to create a learning environment where every student and school community member is safe, supported, respected and valued.

What are Our Beliefs?

Inspired by **values** of

respect, trust and commitment

and a school **mission statement** that says:

To engage every student in dynamic learning through positive relationships and a safe environment.

We welcome diversity and treat everyone with dignity, fairness and respect.

We **support the right** of every person:

- to feel safe
- to be able to learn and work, free from anxiety
- to be part of a supportive and inclusive school community.

What Can Students Do?

Ask the student who is bullying you to stop

If this doesn't work:

- Talk to your class teacher or any teacher that you feel comfortable talking to
- Talk to your parents
- Talk to a Student Counsellor or talk to friends
- Keep reporting the bullying as often as it continues by e-mailing bully@granths.sa.edu.au

If you are a friend:

- Support your friend who is being bullied
- Encourage others to support them
- Listen to your friend, and encourage them

If you are a bully:

- Put yourself in the position of the other person
- Ask: "What does it feel like to be bullied?"
- Talk to a teacher or Counsellor. They will help you change your behaviour, without blaming you

This policy is endorsed by:

**Principal
Governing Council
Student Representative Council.**

On behalf of the school, we promote a policy of Zero Tolerance towards bullying.

STUDENT DECLARATION:

I have read this information and understand that bullying is an unacceptable form of behaviour.

Signed:

.....

PRINT NAME:

.....

Homegroup:

Date:

Anti-Bullying Policy continued

What Can Parents Do?

Get the story – find out exactly what happened.

Assure your child that they have done the right thing in reporting the bullying.

Do not speak directly to the bullies or their parents.

Contact the relevant Senior Leader, Deputy Principal or Student Counsellor or
e-mail: bully@granths.sa.edu.au.

Try to support rather than rescue your children (*call the school for suggestions*).

Agree with your child – it is painful.

Help your child see the bigger picture:

- Why the bully is doing this
- The bully's own pain

Help your child to be assertive:

- Tell the bully how they feel
- Tell the bully that what they said was either not true or inappropriate

With your child, check the website:

www.bullyingnoway.com.au

Read: ***Bullying: Information for Parents***
available at the school.

PARENT DECLARATION:

I have read this information and agree to support the school in eradicating harassment.

Signed:
.....

PRINT NAME:
.....

DATE:

What will the School Do?

All incidents of bullying, which are reported to the school, will be addressed.

Actions may include:

- Speaking with all students involved
- Parent notification
- Interview with the Senior Leader or Deputy
- Peer support group for bullies and students being bullied
- Follow-up by School Counsellor

Consequences for bullying may include:

- Detention
- Interview with student and parents
- Suspension
- Documentation for files
- Counselling

The school will take a pro-active stance,

- by promoting co-operative learning and character development, through:
- Assertiveness training for students being bullied
- Anger management for students who bully
- Responsible intervention for the rest of the class

Teachers will:

- Promote relevant learning with a focus on co-operation
- Empower students to help other students
- Gently guide bullies, without blaming them or putting them down
- Reinforce the school's Code of Conduct and Student Grievance Procedure
- Help all students understand the responsible use of power in relationships